



## Betty May Ulstrom Waldron

May 4, 1926 - October 29, 2024

Betty May Ulstrom Waldron, born May 4, 1926, entered her final rest on October 29, 2024 at the age of 98. She was a resident of Roseville, California for the last 14 years.

She is predeceased by her parents (Raymond and Mildred), her husband (Lester Waldron), and her sister (Bonnie Davis). She is survived by her children; John (Kathryn), Pam Feis and Christine Waldron, Grandchildren; Bethany, Rebecca (Drew), Ellie (Jamdan), and Frederick, and her Great Grandson; Russell. She is also survived by her brother; David Ulstrom, and sister; Jean Wellman.

Betty was born to Raymond and Mildred Ulstrom. Her mother died shortly after her birth leaving her father and Grandmother to raise her. She remained an only child until she was 8, when her father remarried.

Betty loved life. As a child she was very active in her church and school, she sang in the choir and played the piano. She loved music, reading, ice skating and sports. She was a 1944 graduate of North High School in Minneapolis, Minnesota.

From childhood Betty dreamed of becoming a Nurse. After graduation from High School she worked at Sears Roebucks, then later as a Medical Technician. She graduated from Minneapolis General Hospital's School of

Nursing in 1954 and began a 40 year career working in many different locations. Her favorite position was working with the babies.

Two of her favorite memories were when she delivered a footling breech in the front seat of a car in a hospital parking lot, and on her 50th birthday, when 10 babies were born on her shift!

Betty was an amazing woman. Prior to becoming married she traveled the country by herself, which was unheard of in the mid 1950's.

Her brother introduced her to Lester when they came to Minnesota on leave from the Navy. Betty and Lester married in June of 1959.

Betty was a military wife and nurse. The family moved frequently but no matter where we landed she made it home. Many times she had the role of a single mother working as a nurse, a full time mom, and caring for the home. Her first love was her family. Her grandchildren and great grandson were the joy of her life.

She was an avid sports fan, her favorite team was any team from Minnesota. All professional teams, and any team from the University of Minnesota. The Vikings were her absolute favorite.

Betty's hobbies were reading and knitting belonging to many knitting groups, the last of which made stocking caps for children in orphanages and lap blankets for those in adult care facilities. Later in life she became quite a foodie often trying new recipes or finding new restaurants to try.

Her faith and belief were very important to her. She could be seen reading her Bible and praying daily. She was our prayer warrior and we all knew that when Mom/Grandma prayed God was listening.

Another incredible attribute was her ability to remember people, events,

history and statistics, it was mind boggling. We always used her as our resource. Some credit this to her avid love of Jeopardy of which she never missed an airing, even if it were a repeat. Her final wish was to offer herself to further medical research, because of this we were able to donate her brain as a healthy specimen in the fight against neurodegenerative disorders.

She has left us with a legacy of love, commitment, compassion and faith. Her celebration of life will be held at Murray Family Funeral Chapel at 3PM on 2/7/2025 in Rocklin, California. She will be interred at a later date.

We request any memorial offerings be sent to Food Share of Oxnard, California

<https://www.foodshare.com> or The Brain Support Network <https://www.thebrainsupportnetwork.org>

# Previous Events

## Celebration of Life

FEB 7. 3:00 PM (PT)

Murray Family Funeral Chapel  
4147 Rocklin Road  
Rocklin, CA 95677  
(916) 824-2737  
<http://www.murrayfamilyfuneralchapel.com>

# Tribute Wall



“ 3 files added to the album Memories Album



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**Murray Family Funeral Chapel** - January 13, 2025 at 05:43 PM

MC

*Descanso eterno, concédele, Señor, y que brille para ella la Luz Perpetua, y que descanse en paz, Amén.*

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**Myrna Rivera Cardona** - January 14, 2025 at 06:03 PM